If your household is eligible for SNAP benefits, you will be responsible for reporting certain household circumstances. You will be told what circumstances to report and when to report them. If you fail to report a change as required and your household receives extra SNAP benefits, you will owe the program the value of these benefits.

Contact for General Inquiries

601.359.4500
or
1-800-948-3020

Visit healthy-miss.org for other healthy food access resources.
When applying for your benefits, be sure to fill out as much information as you can. At minimum, you should fill out your name, address and signature; this will be enough to get your application process started.

SNAP, or the Supplemental Nutrition Assistance Program is designed to help eligible low-income families supplement their food budgets so they can purchase food.

How Do I Apply for SNAP?

To apply for SNAP benefits, you can visit your local human resource office to get an application. You can also apply using your state’s online application, if available.

When applying for your benefits, be sure to fill out as much information as you can. At minimum, you should fill out your name, address and signature; this will be enough to get your application process started.

What Should I Include in My Application?

- Pay Stubs
- Rent or mortgage payments
- Utility bills
- Child / elder care bills
- Child support payments

If you are required to provide any important documentation, be sure to send copies. Do not send original documents because you may not get them back.

What are the Requirements for SNAP?

Financial

To qualify for SNAP benefits, your income must be below a certain threshold. To verify this income, you will be asked to provide your checking or savings account information. This information is called a resource. Other resources can include items like your car, however, you’ll need to verify this with your local benefits office.

Note: Temporary Assistance for Needy Families (TANF) or Supplemental Security income (SSI) does not count as an eligible resource.

Income

There are two types of income used to determine eligibility, gross income and net income. Gross income is your total income from all sources like work wages, pensions, disability payments or veteran's benefits. Net income is the amount of money left over after deductions from your gross income.

There are limits on these income types. Gross income limits vary by state, so you’ll need to check with your local benefits office. Your net income must be below 100 percent of the Federal poverty line. This equates to about $2,000 a month for a household of four.

Non-Financial

There are also several non-financial requirements that potential recipients must meet.

To qualify for SNAP benefits, most people must register for work or participate in an employment and training program. To get more information about the specific requirements for your state, contact your local benefits office.

Note: You may NOT be eligible if you are an undocumented immigrant or a person who has been convicted of a drug-related felony. College students may also be ineligible for benefits, unless they meet a certain work requirement or other exception.

What if There’s a Mistake on My Case?

If you believe that there has been a mistake on your SNAP case, or you simply don’t agree with the decision made, you can request a fair hearing. You can request this hearing in person, by phone, or by mail within 90 days from the date of your state’s decision.

For more information about EBT/SNAP benefits, visit https://www.mdhs.ms.gov/economic-assistance/snap/.